

# SAN MATEO COUNTY'S GREAT PLATES DELIVERED PROGRAM

California's Governor Newsom has started a home delivered meals program for people who are needing to stay at home due to COVID-19. If eligible, you can receive free home delivered meals from restaurants in your neighborhood.

## Eligibility Criteria:

### AGE

- Anyone 65 years of age or older
- Anyone 60-64 who is COVID-19 positive
- Anyone 60-64 who has been exposed to COVID-19 with written proof from a medical professional
- Anyone 60-64 with an underlying health condition



## ANSWER "YES" TO ALL OF THE FOLLOWING QUESTIONS:

- Live alone or with one other eligible adult
- Do not receive meals from any other federal or state program
- Do not have family, friends, or caregivers who can help with meals
- Unable to prepare or shop for meals
- Have income less than \$74,940 for single person

If you qualify, please call the Aging and Adult Services Hotline 1-800-675-8437



**SAN MATEO  
COUNTY HEALTH**

[smchealth.org/coronavirus](https://smchealth.org/coronavirus)